



TRAVEL GUIDE 2026



By Angela



PUGLIA IS A STATE OF MIND



+39-338-742-0318



WWW.TRAMONTIDITRIA.IT

GUIDE TO
DISCOVERING
PUGLIA



WELCOME

THE IMPORTANCE OF TRAVEL

The Tramonti d'Itria staff welcomes you! Let yourself be seduced by the beauty and charm of our extraordinary region and enjoy a peaceful stay in the splendid Trulli Valley.



You will discover the numerous possibilities for spending an unforgettable holiday.



With our experience, we're always at your service. Experience and explore the beauty of bike excursions, visits to the many surrounding villages, and even the sea...

Upon request, you can enjoy a wine tasting, take a class on how to make Puglia's famous orecchiette pasta, or take a yoga class.



HOUSE EQUIPMENT



WASHING MACHINE AND CLEANING MATERIALS (BROOMS, MOPS, ETC.) AVAILABLE TO ALL 3 APARTMENTS.

4 ADULT MOUNTAIN BIKES AND 3 CHILDREN'S MOUNTAIN BIKES. FOR FREE USE, PLEASE CONTACT THE STAFF.
POSSIBILITY OF E-BIKE RENTAL WITH DELIVERY AND COLLECTION AT THE FACILITY

THE SWIMMING POOL IS OPEN 24 HOURS A DAY, 7 DAYS A WEEK. THE LIFEGUARD IS PRESENT FOR ONLY 2 HOURS A DAY.

TWO COMMON AREAS WITH GAZEBOS AND TWO BARBECUES WHERE YOU CAN EAT, WORK, OR RELAX WHILE ENJOYING THE VIEW OF THE SURROUNDING COUNTRYSIDE.

INTERNET: FREE WI-FI, PASSWORD: 52375507

THE APARTMENTS ARE NON-SMOKING AREAS

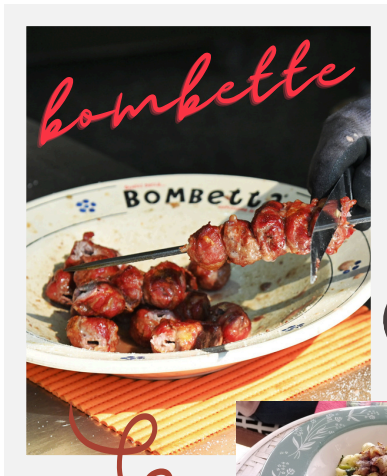




OUR RECOMMENDATIONS

WHERE TO BUY GROCERIES

- CONTRADA GALANTE: PANNOFINO BAR/MINIMARKET (3 KM FROM THE PROPERTY), READY MEALS 080 4395485
- MARTINA FRANCA: SIMPLY MARKET (VIA DELLA RESISTENZA, 15); FRAGNELLI, TYPICAL CHEESES VIA MOTTOLA, 11- 080.4838179
- OSTUNI: CARREFUR (VIA CADUTI DI NASSIRYA, 29)
- CISTERNINO: CONAD WELL-STOCKED SUPERMARKET



burrata



capocollo
from martina franca



WHAT TO
TASTE

ORECCHIETTE E
CIME DI RAPA



panzerotti



WHERE TO EAT



CONTRADA GALANTE

- Sale e Pepe (pizzeria/grill) (2.7 km from the property) 392 0662489

CONTRADA SANTORO

- Ponte Caffè (bar/grill), Spanish cuisine evenings 389 658 7961

MARTINA FRANCA

- L'arte dell'arrosto, Via Donizetti 73 – 080.9907330



CISTERNINO

- Doppio Zero (pizzeria), Piazza Pellegrino Rossi – 080 4444151;
- ALMOND Artisan Pastry Shop, Contrada Tanzarella 37/A - 080 444 1237

CASALINI (CISTERNINO)

- Da Solletti braceria, Via Brindisi, 115 – 080 4447366;
- La Locanda de Ristoro, traditional cuisine, Via Brindisi, 41 – 080 4449149



OSTUNI:

- Impasto Napoletano(pizzeria), Corso Giuseppe Mazzini, 104 – 0831 336774;
- Il Delfino (seafood cuisine) Corso Garibaldi 1 – 0831 303037;
- Ciccio in Piazza, ice cream shop, Piazza S. Oronzo, 16 – 0831 1987355

CEGLIE MESSAPICA

- Vino Fritti e Cucina, Via Osanna, 53 - 334 576 5463 (excellent meat and fish restaurant)

SPEZIALE

- Speciale Bar Tony, panzerotti, Via Petrarca, 59 – 080 4810099

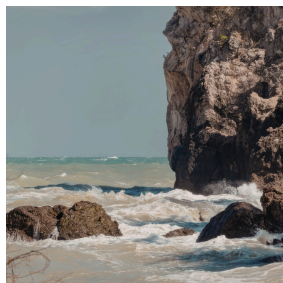
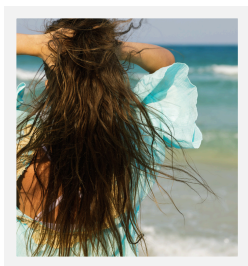
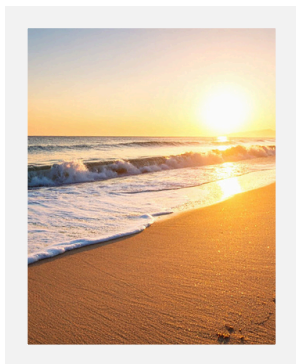
TORRE CANNE

- Il Moro (seafood cuisine) Via Eroi del Mare, 2-080 4820087
- La Baia, Via Eroi del Mare (adjacent to the port) famous for its sandwich with the octopus 392 471 8175



SWIMMING

- **Ostuni Marina: Lido Stella Beach, Contrada Pilone 1 (Adriatic) 0831.359154**
- **Marina di Lizzano: Conca del Sole, Contrada Bagnara (Ionian Sea) 347.5094052**



MAIN SIGHTS



MARTINA FRANCA

Martina Franca, or just "Martina" is a municipality in the province of Taranto, Apulia (Puglia), Italy. Since 1975, the town has hosted the annual summer opera festival, the Festival della Valle d'Itria.

Martina has a particularly beautiful old town surrounded by stone walls with prominent Baroque gates leading to piazzas and narrow, winding streets. Piazza Roma is the largest square in the old town, with a green space in the centre, facing the 17th century Palazzo Ducale. Distance: 7 km



OSTUNI

Ostuni is one of the most beautiful and famous towns in Apulia. It is a unique historic town, called "Città Bianca", its monuments, its baroque-style churches, are examples of the great architecture and culture that characterizes this part of Southern Italy.

Ostuni has the 5th biggest population of British residents in Italy. Ostuni is also popular with visitors who go in search of good weather and good food.

Distance: 19 km from Tramonti d'Itria



LOCOROTONDO

The city is known for its wines and for its circular structure which is now a historical centre, from which derives its name, which means "Round place". It is located in south-east Murgia, deep in the Itria Valley, dotted with white prehistoric roundhouses called trulli. Locorotondo is listed as one of most beautiful villages in Italy. The commune of Locorotondo produces a white Denominazione di origine controllata (DOC) Italian wine that can be made in a still or sparkling Spumante style. The DOC includes 1,650 hectares (4,000 acres) of vineyards.

Distance: 9 km

ZOO-SAFARI (FASANO)

The Fasanolandia Zoo-Safari in Fasano is the first wildlife park in Italy and one of the largest in Europe in terms of the number of species present. (24 km from the property)





CASTELLANA GROTTA

The Castellana Caves are a remarkable karst cave system located in the municipality of Castellana Grotte. They are one of the most famous show caves of Italy. Castellana's speleological complex is unique among other cave systems thanks to its three peculiarities: the Grave, the White Cave and the concretions.

A famous show takes place here, "Hell in the Cave", combining dance, voices, sounds and lights to make an extraordinary adventure down in Dante's hell, having the natural scenario of the Caves of Castellana.

Distance: 37 km



ALBEROBELLO

Literally "beautiful tree" is a small town. It has about 11,000 inhabitants and is famous for its unique trulli buildings. The Trulli of Alberobello have been designated as a UNESCO World Heritage site since 1996.

Alberobello was first mentioned in the early sixteenth century when the first 40 families acquired land to farm in the area. The abundance of calcareous sedimentary material in the area led to the building of houses with dry stone without the use of mortar. These houses were the first trulli which contributed to the expansion of the settlement.

Distance: 22 km

TORRE GUACETO

The Torre Guaceto State Nature Reserve is a state nature reserve located on the Adriatic coast of upper Salento, a few kilometers from the towns of Carovigno and San Vito dei Normanni, 17 km from Brindisi.

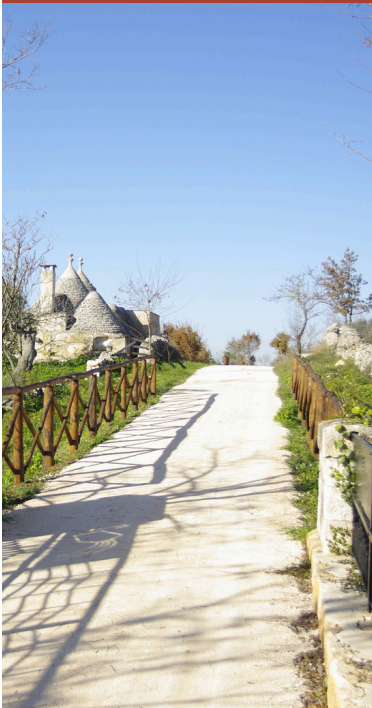
(41 km from the property)



CISTERNINO

It overlooks the Itria Valley, in the so-called Murgia dei Trulli. The most important event is the festival of the city of Cisternino's patron saints, Quirico and Giulitta. This city festival honors all the most important local traditions, including light decorations, religious events, band concerts, and finally fireworks. More simply known as the "Festa di San Quirico," it always falls in the first week of August and represents the end of the summer season for locals and tourists alike.

The most famous festivals, held in Cisternino and its surrounding areas, are the orecchiette and rabbit festivals, held in August, and the grape festival in September. (6 km from the property)



THE WATER CYCLE PATH

The water cycle path is the second cycling route on an aqueduct in Europe, in particular it is the section of the Apulian aqueduct (AQP) built by the Puglia Region and AQP Spa, along the service road of the main channel of the aqueduct between Locorotondo (BA), crossing the territories of Cisternino (BR), Ostuni (BR), up to the territory of Ceglie Messapica (BR), near the Ulmo Pineta.

It has recently been renovated, improving its paving (made of pressed gravel), equipped with protections and access points for a total of approximately 30 km of cycle path that is perfectly passable even with road bikes.

The route winds through the Mediterranean scrub, away from traffic, past farmhouses, rural homes, trulli, and urban agglomerations (districts and hamlets), allowing you to appreciate the beauty of the Itria Valley, far from the hustle and bustle of modern life. (We border the cycle path.)

CEGLIE MESSAPICA

The town boasts recognition as a city of art and a land of gastronomy, is among the oldest in the region and was founded around the 15th century BC.

The area is characterized by trulli, farmhouses, centuries-old olive groves, and karst caves. (15 km from the property)



TORRE CANNE

A seaside resort with beaches of fine white sand, part of the Coastal Dune Park from Torre Canne to Torre San Leonardo, established in 2006.

Torre Canne is known for its healing spas; knowledge of the therapeutic properties of Torre Canne's waters dates back over a century; these waters are used for mud baths and balneotherapy, for example.

The symbol of the village is the lighthouse that intermittently illuminates the coast, the cliffs and the entire sea.

(21 km from the property)



MONOPOLI

Monopoli, on the Adriatic, is one of the region's busiest and most populous ports. Its characteristic historic center, dating back to the early Middle Ages, lies over the remains of a Messapian settlement fortified as early as the 5th century BC. It overlooks the sea and is surrounded by high walls. The magnificent cathedral is a must-see. Monopoli is also known as the city of a hundred districts. The surrounding countryside is divided into various localities known as districts, whose place names evoke ancient, now-vanished farmhouses, the presence of a farmhouse, a church, or other historical-geographical references. (39 km from the property)





POLIGNANO A MARE

he fantastic old town sited on its rocky promontory is always going to be the star attraction of this ancient town which was probably founded originally and part of Ancient Greece as the town of "Neapolis", in fact many people still see a Greek flavour to the design and layout of the town. Another popular outing here is to take a pleasure boat trip to view some of the vast sea caves that penetrate right under and into the old town. Distance: 45 km



PULSANO MARINA

The Pulsano Marina area is characterized by a succession of cliffs and sandy coves, the main ones being Luogovivo, La Fontana, Le Canne, Montedarena, Ospedale Capparone (or Villa Verde), Pezzarossa, Serrone, Lido Silvana (with a rocky islet in the gulf that can also be reached by swimming, and where the beach still features, albeit in smaller numbers than in the past, specimens of the prickly juniper plant that grows its roots in the sand), Terrarossa, and Lido Checca (partly within the aforementioned exclave of the Municipality of Taranto). (56 km from the property)



MATERA

Known as the "City of Stones" and the "Underground City," it is renowned for its historic Sassi districts, one of the oldest settlements in the world. The Sassi were recognized as a UNESCO World Heritage Site in 1993, the first site in southern Italy to receive such recognition. In 1954, the city was proclaimed a Civitas Mariae by an archiepiscopal decree. Saint John Paul II called it the city of the Visitation and the Magnificat.

On October 17, 2014, Matera was designated, along with Plovdiv, as the European Capital of Culture 2019, the first city in southern Italy to receive this title. (81 km from the property)



BARI

The Metropolitan City of Bari is the second most important economic centre of mainland Southern Italy after Naples, and is well known as a port and university city, as well as for the basilica of Saint Nicholas. Bari is made up of four different urban sections. To the north is the closely built old town on the peninsula between two modern harbours, with the Basilica of Saint Nicholas, the Cathedral of San Sabino (1035–1171) and the Hohenstaufen Castle built for Frederick II, which is now also a major nightlife district. To the south is the Murat quarter (erected by Joachim Murat), the modern heart of the city, which is laid out on a rectangular grid-plan with a promenade on the sea and the major shopping district (the via Sparano and via Argiro). Distance: 82 km





CASTEL DEL MONTE

Castel del Monte is a 13th-century building built by Emperor Frederick II in Puglia, in the current hamlet of the same name in the municipality of Andria, 18 km from the city, near the town of Santa Maria del Monte, in the province of Barletta-Andria-Trani. It is located on a hill in the western Murge mountain range, 540 meters above sea level. It was included in the list of Italian national monuments in 1936 and in the list of UNESCO World Heritage Sites in 1996. (136 km from the property)



LECCE

A city of art in southern Italy, it is known as the "Florence of the South" or the "Florence of the Baroque": its ancient Messapian origins and archaeological remains from Roman rule blend with the richness and exuberance of the 17th-century Baroque style of the churches and palaces in the center, built in Lecce stone, a malleable limestone well-suited to carving. The architectural development and decorative embellishment of its façades was particularly fruitful during the Kingdom of Naples and characterized the city in such an original way that it has been called Lecce Baroque. (95 km from the property)



TRANI

The city, also known as "the pearl of the Adriatic," is famous for its Romanesque cathedral overlooking the sea, listed as one of the "wonders of Italy," as well as for the production of a particular type of marble (Trani stone) and Moscato wine.

*An important tourist destination, the city is rich in artistic and architectural beauties, churches from every era and noble palaces: an important commercial port until the 16th century, it is thought that the first maritime code of the Western world, the *Ordinamenta et consuetudomaris*, was promulgated here in 1063. (129 km from the property)*



GROTTAGLIE

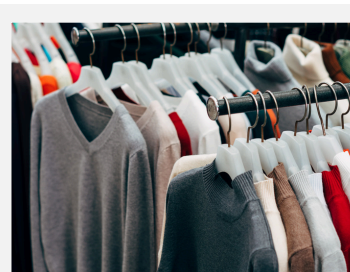
The municipality, among the most populous in the province, is known for its traditional production of artistic ceramics. Renowned for its vineyards, Grottaglie, in addition to being nicknamed the "City of Ceramics," is also known as the "City of Grapes." (24 km from the property)



LOCAL MARKETS

Puglia's markets are bursting with colors and aromas, where tradition and everyday life meet. Strolling among the stalls, you'll discover authentic flavors like fresh olives and aged cheeses. The lively atmosphere is characterized by vendors offering samples. In addition to food, you'll also find clothing and household items, often handmade. Visiting these markets is an opportunity to immerse yourself in the local culture and enjoy an authentic experience.

- **Monday: Cisternino**
- **Wednesday: Fasano, Martina Franca**
- **Thursday: Alberobello, Grottaglie, Polignano**
- **Friday: Locorotondo, Pezze di Greco**
- **Saturday: Ostuni, Ceglie Messapica, Francavilla Fontana**
- **Sunday: Torre Canne, Savelletri, Specchiolla**





MAIN FESTIVAL AND CELEBRATION



CEGLIE MESSAPICA	JUNE 13: AUGUST:	FEAST OF SAINT ANTHONY OF PADUA FOOD FESTIVAL
FASANO	19 JUNE: JUNE:	FEAST OF THE VIRGIN OF THE WELL AND OF ST. JOHN THE BAPTIST SCAMICIATA, HISTORICAL RECONSTRUCTION
LOCOROTONDO	JULY-AUGUST: AUGUST 16:	LOCUS, INTERNATIONAL FESTIVAL FIREWORKS COMPETITION
MARTINA FRANCA	EARLY JULY: JULY-AUGUST:	FEAST OF SAN MARTINO INTERNATIONAL FESTIVAL OF THE ITRIA VALLEY (THEATRICAL PERFORMANCES)
MELPIGNANO	AUGUST 27:	THE NIGHT OF THE TARANTA, POPULAR MUSIC
ORIA	BEGINNING OF AUGUST:	PARADE OF FREDERICK II, HISTORICAL RECONSTRUCTION AND RACING OF HORSES
OSTUNI	AUGUST 15: AUGUST 26: EARLY SEPTEMBER:	FEAST OF THE OLD DAYS, HISTORICAL RECONSTRUCTION OF OLD TRADES SANT'ORONZO, HORSEBACK RIDE INTERNATIONAL STREET ARTISTS FESTIVAL
SAN MICHELE SALENTINO	END OF AUGUST:	SALENTO FIG AND ALMOND FESTIVAL AND LOCAL PRODUCTS



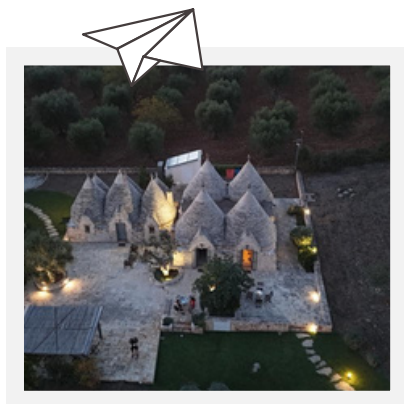
For a complete calendar of festivals and events in the region, visit the website:
www.iltaccodibacco.it.

CONTACTS



WHERE WE ARE

Contrada Cappelluzzo, snc
72017 Ostuni (BR)



CONTACT INFORMATION



+39 338 74 20 318



INFO@TRAMONTIDITRIA.IT



TRAMONTIDITRIA@PEC.IT

WWW.TRAMONTIDITRIA.IT



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TRAMONTI_D_ITRIA



SINGLE EMERGENCY
NUMBER FOR PUGLIA: 112